



# **2017 USFS SPRING FLING**

## ***Compete USA Competition***

**March 18-19, 2017**

**Hosted by:  
Toyota Sports Center**

**Entry deadline: Saturday – February 11, 2017**

**Toyota Sports Center  
555 N. Nash St., El Segundo, CA 90245  
[www.ToyotaSportsCenter.com](http://www.ToyotaSportsCenter.com) | (310) 535-4400**





January 25, 2016

Dear Learn To Skate USA Member rinks:

You are cordially invited to attend the 17<sup>th</sup> Annual Toyota Sports Center I.S.I. Competition! The competition will take place Saturday, March 18, 2017 and Sunday March 19, 2017. Continuing the tradition, our SPOTLIGHT EVENTS will take place with actual spotlights!

**COACHES** –There are 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place gift cards for the guest instructors that have the most skaters participating. \$50 for 1<sup>st</sup> Place, \$25 for 2<sup>nd</sup> Place, and \$15 for 3<sup>rd</sup> Place.

Toyota Sports Center, located in El Segundo, California, is the training site for the Los Angeles Kings and the Los Angeles Lakers. TSC hosts the Summer of Excellence Training Camp, Step Up to the Next Level Training Camp 101, Yuletide Tales Holiday Ice Show, and an Evening on Ice at the Southern California Open Championships. The Toyota Sports Center is located just five minutes from both Los Angeles Airport and surrounding beaches. The 135,000 square foot, state of the art facility features three rinks including an Olympic and an NHL ice surface. A heated viewing area overlooks the ice and includes The Kings Cove Café, Ultimate Skate and Hockey Pro Shop and TSC Fitness Center.

Enclosed please find all necessary forms and information regarding the competition. **All entries must be received by February 11<sup>th</sup>, 2017. Late entries, if accepted, will be charged a \$35 late fee.** A full competition schedule will be sent to each participating rink. Please note that all skaters must complete and sign the TSC Waiver. Entries will not be accepted without a completed waiver. If you have any questions, please contact the Toyota Sports Center Skating Department at 310-535-4400 or 310-535-4406 or Email: [kmiranda@toyotasportscenter.com](mailto:kmiranda@toyotasportscenter.com) We look forward to seeing you at the competition!

Sincerely,

Competition Director – Gabriella Weissmann



**Figure Skating Staff**

|                 |                    |                     |
|-----------------|--------------------|---------------------|
| Barbara Blada   | Frank Carroll      | Ellicia Shepherd    |
| Tanya Burke     | Juliette Harton    | Tiffany Shih        |
| Tiffany Chin    | Yuriy Kocherzhenko | Stephanie Stiegler  |
| Richard Ewell   | Brandon Larcom     | Tiffany Stiegler    |
| Christa Fassi   | Nicholas LaRoche   | Robert Taylor       |
| Carole Fortin   | Bebe Liang         | Danielle Ugarte     |
| Linda Fratianne | Eric Millot        | Brianna Weissmann   |
| Staci Green     | Saori Minami       | Gabriella Weissmann |
| Leif Hafstrom   | Allison Ramos      |                     |
|                 | Michael Sasaki     |                     |

# USFS Competition Information

**Competition Dates:** **Saturday, March 18<sup>th</sup> ~ Sunday, March 19<sup>th</sup>**

**Location:** Toyota Sports Center  
555 N. Nash St.  
El Segundo, CA 90245  
For rink Information call (310) 535-4400 or visit  
[www.ToyotaSportsCenter.com](http://www.ToyotaSportsCenter.com)

**Competition Director:** Gabriella Weissmann  
[kmiranda@toyotasportscenter.com](mailto:kmiranda@toyotasportscenter.com)

**Entry Deadline:** **Online entry must be completed by midnight  
February 11<sup>th</sup> 2017.**

Late entries, if accepted, will be charged a \$35 late fee. All information must be accurate and complete. Inaccurate or incomplete entries will be declined. *The coach must confirm your entry to be accepted.*

**REGISTRATION:** **ONLINE REGISTRATION ONLY**, Secure Online  
Registration and credit card payment will be available at:  
<http://comp.entryeeze.com/Home.aspx?cid=543>

**Entry Fees:** **Snowplow Sam through High Beginner Level Events:**

- First Event: \$65
- Additional Events: \$30 per event

**No-Test through Preliminary Level Events:**

- First Event: \$75
- Additional Events: \$30 per event

**Synchronized Skating and Theater on Ice Team Events:**

- \$175 per team, plus \$10 per competitor

**Schedule:** Will be posted online: <http://comp.entryeeze.com/Home.aspx?cid=543>

**Waiver:** All entries must have a TSC Waiver agreed to and accepted in order for the entry to be accepted. Entries without the completed and signed waiver will be considered incomplete and returned.

**Refunds:** No refunds will be granted after the close of entries.

**Non-Sufficient Funds:** Contested credit card charges will be assessed a \$25.00 fee. Payment of the fee will be required before the skater is allowed to participate.

**Awards:** There will be no more than six skaters in an event and all skaters will receive an award.

**Music & Registration:** All skaters/teams must check in at the registration table at least **1 hour prior to their scheduled event**. Events may begin up to 30 minutes earlier than the scheduled time. Music is turned in at the registration table during check in. **CDs Only**.

**Judging:** The majority 6.0 Judging System will be used for all events.

**Rink Size:** The competition will either be conducted on the NHL (85' x 200') size rink or the Olympic (100' x 200') size rink.

**Eligibility:** The competition is open to all skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA program/club or any other Learn to Skate USA program/club. Eligibility will be based on skill level as of closing date of entries. Skaters in Snowplow Sam through Basic 6 may not have passed any official U.S. Figure Skating tests, including Moves in the Field or individual dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**Coach Information:** U.S. Figure Skating Rule MR 5.11 Coach Compliance: In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.
- E. For Learn to Skate USA coaches only - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills / Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Basic Skills / Learn to Skate USA instructor member.

# List of Events

| <b>Event Name</b>  | <b>Levels Offered</b>  |
|--|--|
| Basic Elements<br>Basic Program                                      | Snowplow Sam – Basic 6<br>Snowplow Sam – Basic 6               |
| Compulsory – Free Skate<br>Program – Free Skate                      | Pre-Free Skate – Free Skate 6<br>Pre-Free Skate – Free Skate 6 |
| Compulsory – Introductory Levels<br>Free Skate – Introductory Levels | Beginner and High Beginner<br>Beginner and High Beginner       |
| Compulsory Moves – Well Balanced<br>Free Skate – Well Balanced       | No-Test – Preliminary<br>No-Test – Preliminary                 |
| Showcase – Basic / Free Skate<br>Showcase – Well Balanced            | Snowplow Sam – FS 6 / High Beginner<br>No-Test – Preliminary   |
| Spin Challenge   | Beg & High Beg / No-Test – Preliminary                         |
| Jump Challenge   | Beg & High Beg / No-Test – Preliminary                         |
| Adult  | 1-6 / Pre-Bronze-Bronze  |

## EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

| Level            | Time      | Skating rules/standards  |
|------------------|-----------|--|
| Snowplow Sam 1-3 | 1:00 max. | <ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>   |
| Basic 1          | 1:00 max. | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>   |
| Basic 2          | 1:00 max. | <ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>                                      |
| Basic 3          | 1:00 max. | <ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one-foot glide, either foot</li> <li>• Two-foot spin - minimum three revolutions</li> </ul>   |
| Basic 4          | 1:00 max. | <ul style="list-style-type: none"> <li>• Standstill forward outside three-turn, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Backward stroking, 4-6 strokes</li> <li>• Backward snowplow stop, right or left</li> </ul>         |
| Basic 5          | 1:00 max. | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop, either direction</li> <li>• Hockey stop</li> </ul> |
| Basic 6          | 1:00 max. | <ul style="list-style-type: none"> <li>• Standstill forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Lunge, right or left</li> <li>• T-stop, right or left</li> </ul>   |

## EVENT: Basic Program Event: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

| Level            | Time      | Skating rules/standards   |
|------------------|-----------|---|
| Snowplow Sam 1-3 | 1:10 max. | <ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>  |
| Basic 1          | 1:10 max  | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>  |
| Basic 2          | 1:10 max  | <ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul> |
| Basic 3          | 1:10 max. | <ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one-foot glide, either foot</li> <li>• Two-foot spin - minimum three revolutions</li> </ul>          |
| Basic 4          | 1:10 max. | <ul style="list-style-type: none"> <li>• Standstill forward outside three-turn, right and left</li> <li>• Forward crossovers, 4-6 consecutive both directions</li> <li>• Backward stroking, 4-6 strokes</li> <li>• Backward snowplow stop, right or left</li> </ul>   |
| Basic 5          | 1:10 max. | <ul style="list-style-type: none"> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop, either direction</li> <li>• Hockey stop</li> </ul>  |
| Basic 6          | 1:10 max  | <ul style="list-style-type: none"> <li>• Standstill forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Lunge, right or left</li> <li>• T-stop, right or left</li> </ul>  |

## EVENT: Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

| Level          | Time      | Skating rules/standards   |
|----------------|-----------|---|
| Pre-Free Skate | 1:15 max  | <ul style="list-style-type: none"> <li>• Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul> |
| Free Skate 1   | 1:15 max. | <ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Backward outside three-turns, right and left</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>   |
| Free Skate 2   | 1:15 max. | <ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Backward inside three-turns, right and left</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>  |
| Free Skate 3   | 1:15 max. | <ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, clockwise and counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>   |
| Free Skate 4   | 1:15 max. | <ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>   |
| Free Skate 5   | 1:15 max. | <ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>   |
| Free Skate 6   | 1:15 max. | <ul style="list-style-type: none"> <li>• Forward power pulls, right and left</li> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>   |



## EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

| Level          | Time      | Skating rules/standards  |
|----------------|-----------|--|
| Pre-Free Skate | 1:40 max  | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul> |
| Free Skate 1   | 1:40 max  | <ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>   |
| Free Skate 2   | 1:40 max. | <ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>  |
| Free Skate 3   | 1:40 max  | <ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>   |
| Free Skate 4   | 1:40 max. | <ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half Loop jump</li> <li>• Flip jump</li> </ul>  |
| Free Skate 5   | 1:40 max. | <ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>   |
| Free Skate 6   | 1:40 max. | <ul style="list-style-type: none"> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>   |

## EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

| Level         | Time      | Skating rules/standards   |
|---------------|-----------|---|
| Beginner      | 1:15 max. | <ul style="list-style-type: none"><li>• Waltz jump</li><li>• ½ jump of choice</li><li>• Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)</li><li>• Forward or backward spiral</li></ul> |
| High Beginner | 1:15 max. | <ul style="list-style-type: none"><li>• Toe loop jump</li><li>• Salchow jump</li><li>• Forward scratch spin - minimum three revolutions</li><li>• Forward or backward spiral</li></ul>  |

## EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

| Level                         | Jumps  | Spins   | Step Sequences   | Qualifications  |
|-------------------------------|--|---|--|---|
| Beginner<br>1:40 Maximum      | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>   | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>       | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| High Beginner<br>1:40 Maximum | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul> | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul> | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |

## EVENT: COMPULSORY MOVES Well Balanced (No-test-Preliminary)

General event parameters:

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

| Level           | Time      | Skating rules/standards   |
|-----------------|-----------|---|
| No-Test         | 1:15 max. | <ul style="list-style-type: none"><li>• Loop jump</li><li>• Jump combination to include a toe loop (may not use a loop or Axel)</li><li>• Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li><li>• Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li></ul> |
| Pre-Preliminary | 1:15 max. | <ul style="list-style-type: none"><li>• Toe Loop jump</li><li>• Jump combination: single/single (no Axel)</li><li>• Sit spin or camel spin - minimum three revolutions</li><li>• Spiral sequence with one forward spiral and one backward spiral (any edge)</li></ul>   |
| Preliminary     | 1:15 max. | <ul style="list-style-type: none"><li>• Lutz jump</li><li>• Jump combination: single/single (may include Axel)</li><li>• Back upright spin - minimum three revolutions</li><li>• Forward inside spiral</li></ul>  |

## EVENT: Free Skate – Well Balanced (No-Test – Preliminary)

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- For specific requirements for the 2016-2017 Free Skate programs, please refer to the U.S. Figure Skating website at  
<http://www.usfsa.org/content/2016-17%20Singles%20FS%20Chart%20v4%20Intermediate%20Changes.pdf>.

## SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.1 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

- For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on [www.usfigureskating.org](http://www.usfigureskating.org).

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

| LEVEL   | ELEMENTS   | QUALIFICATIONS   | PROGRAM LENGTH  |
|---|--|--|-----------------|
| Snowplow Sam  | Elements only from Snowplow Sam 1-4  | May not have passed any higher than Snowplow Sam 4 level   | Time: 1:00 max. |
| Basic 1-6   | Elements only from Basic 1-6 curriculum  | May not have passed any higher than Basic 6 level.   | Time: 1:00 max. |
| Free skate 1-6/<br>Beginner/High<br>Beginner/ Adult 1-4 | 3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop. | May not have passed any official U.S. Figure Skating free skate tests.                                   | Time: 1:30 max. |
| No Test/<br>Pre-Preliminary/<br>Adult Pre-Bronze        | 3 jump maximum. No Axels or double jumps permitted.  | Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test. | Time: 1:30 max. |
| Preliminary/<br>Adult Bronze                            | 3 jump maximum. Axels are permitted, but no double jumps allowed.                                    | Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.         | Time: 1:40 max. |

## EVENT: Spins Challenge

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

| Level             | Time      | Skating rules / standards   |
|-------------------|-----------|---|
| Beginner          | 1:30 max. | <ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright two-foot spin (3)</li><li>• Sit spin (3)</li></ul>                                  |
| High Beginner     | 1:30 max. | <ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright two-foot spin (3)</li><li>• Sit spin (3)</li></ul>                                  |
| No Test           | 1:30 max. | <ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright two-foot spin (3)</li><li>• Sit spin (3)</li></ul>                                  |
| Pre – Preliminary | 1:30 max. | <ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright back-scratch spin (3)</li><li>• Sit spin (3)</li></ul>                              |
| Preliminary       | 1:30 max. | <ul style="list-style-type: none"><li>• Forward scratch to back scratch spin (3)</li><li>• Combination spin with no change of foot (4)</li><li>• Sit spin (3)</li></ul> |

## EVENT: Jumps Challenge

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on ½ ice

| Level             | Time      | Skating rules / standards  |
|-------------------|-----------|--|
| Beginner          | 1:15 max. | <ol style="list-style-type: none"><li>1. Waltz jump (from backward crossovers)</li><li>2. ½ flip or ½ Lutz</li><li>3. Single Salchow</li></ol>                       |
| High Beginner     | 1:15 max. | <ol style="list-style-type: none"><li>1. Waltz jump (from backward crossovers)</li><li>2. Single Salchow</li><li>3. Jump combination – Waltz jump-toe loop</li></ol> |
| No Test           | 1:15 max. | <ol style="list-style-type: none"><li>1. Single toe loop</li><li>2. Single loop</li><li>3. Jump combination – Any two ½ or single revolution jumps (no</li></ol>     |
| Pre – Preliminary | 1:15 max. | <ol style="list-style-type: none"><li>1. Single toe loop</li><li>2. Single flip</li><li>3. Jump combination - Any two ½ or single revolution jumps (no</li></ol>     |
| Preliminary       | 1:15 max. | <ol style="list-style-type: none"><li>1. Single flip</li><li>2. Single Lutz</li><li>3. Jump combination – Any single jump + single loop (may be</li></ol>            |

**ADULT EVENTS: This event can be used as a Compulsory or Program Event**

**Adult 1-6 Free Skate, Pre-Bronze and Bronze:**

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

|  |  |
|--|--|
| <p><b>Adult 1</b></p> <ul style="list-style-type: none"> <li>• Falling and Recovery</li> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle</li> <li>• Moving Snowplow Stops</li> </ul>   | <p><b>Adult 4</b></p> <ul style="list-style-type: none"> <li>• Basic forward outside and forward inside consecutive edges</li> <li>• Backward edges on a circle, (outside and inside, clockwise and counterclockwise)</li> <li>• Backward crossovers, (clockwise and counterclockwise, 5 consecutive)</li> <li>• Forward outside 3-turns, right and left</li> <li>• Forward outside swing rolls to a count of 6</li> </ul> |
| <p><b>Adult 2</b></p> <ul style="list-style-type: none"> <li>• Forward stroking showing correct use of the blade</li> <li>• Forward ½ swizzle pumps on a circle, (clockwise and counterclockwise) 4-6 in a row</li> <li>• Forward one-foot glides</li> <li>• Slalom</li> <li>• Backward swizzles, (4-6 in a row, clockwise and counterclockwise)</li> </ul>  | <p><b>Adult 5</b></p> <ul style="list-style-type: none"> <li>• Forward and backward crossovers in a figure 8 pattern</li> <li>• Forward outside to inside change of edge on a line</li> <li>• T-stop, right or left</li> <li>• Forward inside 3-turns, right and left</li> <li>• Beginning one-foot spin</li> </ul>  |
| <p><b>Adult 3</b></p> <ul style="list-style-type: none"> <li>• Forward outside and inside edges on a circle (clockwise and counterclockwise)</li> <li>• Forward crossovers (clockwise and counterclockwise)</li> <li>• Backward ½ swizzle pumps on a circle (4-6 in a row consecutive, clockwise and counterclockwise)</li> <li>• Moving forward to backward and backward to forward two-foot turn</li> <li>• Beginning 2-foot spin</li> </ul> | <p><b>Adult 6</b></p> <ul style="list-style-type: none"> <li>• Forward perimeter stroking with crossover end patterns</li> <li>• Backward crossovers to a backward outside edge glide (landing position)</li> <li>• Lunge</li> <li>• Spiral</li> <li>• Footwork sequence: (3-5 forward crossovers to an inside Mohawk, 3-5 backward crossovers, step forward inside the circle and repeat)</li> </ul>                      |
| <p><b>Adult Pre-Bronze:</b> Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum<br/>Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.</p>   | <p><b>Adult Bronze:</b> Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 maximum<br/>Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.</p>   |